

## Personal, Social, Emotional Development



### Personal, Social, Emotional Development: 16 -26 Months

#### **Making relationships**

- Play copying games with me, like using the same metal spoon as I've got to make the same noise that I'm making on the fence.

#### **Self confidence and self awareness**

- Share photos or videos of me doing things and talk with me about what I'm doing.
- Use my dolls or teddies to show me how to pretend to look after a baby or use my cars to show me how to pretend to go on a journey. Talk to me about the things you are using and what you are doing with them.

#### **Managing feelings and behaviour**

- Let me help you to share out the sandwiches and fruit onto plates, so that everyone has something to eat.

### Personal, Social, Emotional Development: 22-36 Months

#### **Making relationships**

- Make dens from sheets and blankets that I can play in with you or my friends.

#### **Self confidence and self awareness**

- Make a box with different things in it, like glue and different types of paper, that I can choose from when I'm making a picture or model from boxes.

#### **Managing feelings and behaviour**

- Talk to me about the order I need to do things in, like brushing my teeth or getting ready for bed.

### Personal, Social, Emotional Development: 30-50 Months

#### **Making relationships**

- Let me build things with my friends using big cardboard boxes and pieces of fabric.

#### **Self confidence and self awareness**

- Let me help you match the socks together.

#### **Managing feelings and behaviour**

- Let me dress up and pretend to be a nurse, doctor, firefighter, mum or dad.
- Explain to me why I cannot do things like run around the supermarket.

### Personal, Social, Emotional Development: 40-60 Months

#### **Making relationships**

- When we go to the park ask me what we can do there or what things we see growing there.

#### **Self confidence and self awareness**

- Let me tell you how you can help me when I'm making something.

#### **Managing feelings and behaviour**

- Talk to me about how to keep safe when we're going to cross the road at a pelican crossing or zebra crossing.